

FACT SHEET

USING THE 1800RESPECT EASY ENGLISH BOOKLETS

1800RESPECT is available for frontline workers and people with disability for information, referral and counselling.

1800RESPECT counsellors are trained in responding to people with disability and frontline workers.

Developed by 1800RESPECT in partnership with Professor Patsie Frawley and Deakin University.

Funded by the Australian Government.



Learn about violence and abuse BOOK 1

Funded by the Australian Government

1800RESPECT

WOMEN WITH DISABILIT AUSTRALI

WHAT ARE THE EASY ENGLISH BOOKLETS?

The Easy English booklets have been developed as part of the Disability Pathways Project and with Women with Disabilities Australia. They are evidence based, user group tested and easy to use.

The Easy English booklets follow the Sunny app format:

- <u>1800RESPECT Easy English book 1: Learn about violence</u>
- <u>1800RESPECT Easy English book 2: Learn about rights</u>
- <u>1800RESPECT Easy English book 3: Where violence happens and who can do violence</u>.

The booklets are available for PDF download and ordered from the **1800RESPECT** website.

WHO ARE THE EASY ENGLISH RESOURCES FOR?

- Up to 44% of Australian adults find it difficult to read and write
- Easy English is used in the disability field as best practice delivery of information
- Presented in an Easy English format with pictures and words, these resources are designed to be accessible for a broad range of people who may find complex language harder to read, comprehend and use.

WHAT DO THE EASY ENGLISH BOOKLETS DO?

The Easy English resources provide the reader with:

- a comprehensive overview of different types of violence and abuse, scenarios about rights in relation to relationships, and rights to safety and respect
- examples of places and types of relationships where violence and abuse can occur.

EXAMPLE OF WHAT EASY ENGLISH LOOKS LIKE



- Sexual violence is when people
- Make you do sex when you do not want to
- Touch your body when you do not want them to.

WHAT IS THE ACCESSIBILITY OF THE SPECIALIST EASY ENGLISH BOOKLETS?

- Easy English combines images alongside pieces of text
- Typically these images are directional and correspond to the wording. Images need to be diverse and portray characteristics and relationships which are relatable for the clients using these resources
- The 1800RESPECT Easy English books are slim, light, easy to use and transport
- The resources are available in hardcopy or PDF online.

SUGGESTION ON HOW TO USE 1800RESPECT EASY ENGLISH BOOKLETS

- Use the booklets in early conversations with people to understand their experiences of violence and abuse.
- The books can also be read with a carer/trusted family and friend, and they can be used in the conversation with the frontline worker.
- Choose these resources if the person is already familiar with and indicates they have used these kinds of resources successfully before.
- Be very familiar with the content of the booklets so that you can judge their suitability and choose the most relevant parts for your client.
- The information in the books is consistent with the Sunny App. This application can be downloaded on the person's phone and can be used as a take home resource after a counselling session using the 1800RESPECT Easy English books.
- Use the books at a pace that works for the person. This might mean going through the whole resource in one go, or come back to it at another stage.
- Share the resource with other services you refer people to or that refer people with disability to your service. This will ensure consistency for clients.
- The booklets can be used by staff to upskill in how to communicate in Easy English to prepare for conversations with clients, particularly staff with limited experience having these conversations or working with people with disability.
- Using the books can help to focus a conversation if the person is finding it difficult to communicate their experience.
- Can be useful for supporters and carers to gain a clear understanding of experiences and responses to violence and abuse.